



# Ojas SV

IBCLC, MSc Biodiversity, BSc Zoology

Started my journey as a lactation professional after I succeeded in re-lactating myself (with professional help) in order to breastfeed my adopted child. Also greatly benefited from professional inputs at the time of breast-feeding my first born. Fascinated by the capabilities of the human body, and driven by an urge to fill a professional /skill void in helping lactating mother, it has led me to who I am and what I do today.

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📞 9403579416

📍 Wardha, India

## WORK EXPERIENCE

### Independent Lactation Professional Own Private Clinic

05/2020 - Present

Online & Offline support

#### Achievements/Tasks

- Lactation counseling for appropriate breastfeeding journey for all mothers.
- Adoptive breastfeeding.
- Re-lactation (15+ cases)
- Guidance on infant & young child feeding.
- Lactation consultation - online & offline (30+ online consultations & 40+ OPD consultations).

### Visiting Lactation Professional Sushrut Hospital

05/2020 - Present

Wardha

#### Achievements/Tasks

- Anti-natal counseling.
- Post-partum lactation guidance for mothers and family for successful lactation at hospital (500+ in-patient cases).
- Consultation to mothers about breastfeeding problems till weaning.

### Junior Research Fellow Indian Institute of Science Education and Research

11/2016 - 03/2020

Pune

#### Achievements/Tasks

- Data analysis and interpretation.
- Writing and editing articles & research papers.
- Co-ordination between various stake holders.

## EDUCATION

### International Board Certified Lactation Consultant International Board Lactation Consultant Examiners

06/2022

Online

### Advanced Certified Lactation Professional Blessed Beginnings International

12/2019 - 05/2020

Online / Dehradun

### MSc Biodiversity Savitribai Phule Pune University

07/2006 - 05/2008

Pune

04 July, 2022

## SKILLS

Basic Cardio Pulmonary Life Support (BCLS) certified.

Multi-disciplinary approach to problem solving.

Close observation and analysis of case at hand.

Clear and compassionate communication.

## OUTREACH

Presentation on Breastfeeding, Foundation of Life at IMA, Wardha (08/2021)

Presentation for Breastfeeding Awareness week at MGIMS, Sewagram, . (08/2020)

Radio interview on lactation. Aakashvaani, Mumbai. (08/2020)

Series of 6 articles on Common Breastfeeding Problems in Lokmat. (08/2020)

## OTHER PUBLICATIONS

Book

**Jagane Ani Jividha (Living & Biodiversity)**

Author(s)

Ojas SV & Dr.S Rao

March 2020

IISER Pune

Book

**Narmada ki Bahujan Gatha'e (Plural Narratives of Tribal Leadership in Narmada Valley).**

Author(s)

SV Ojas, J.Athyali & MJ Vijayan

June 2022

Navarun Publication